



Skilled Nursing & Rehabilitation

If you've suffered an injury or illness, you need special care that is focused on your return to every day life. At Caribou Rehab and Nursing Center, everything we do is designed to help you return to what is most important to you: normal life.

Our physical, occupational and speech/language therapists work to provide as much therapy as your stamina allows, along with medical care and pain management. Most patients enjoy single rooms, offering privacy during their recovery.

We work with patients confronting a variety of conditions, from stroke to Parkinson's disease, as well as conditions resulting from elective surgeries (like hip or knee replacement), trauma, or recovery from cardiac surgery.

Our rehabilitation team creates an individualized treatment program developed with the interdisciplinary team of nursing, social services, activities and dietary in consultation with your physicians. Our objective is to help you regain your health and reach your maximum functional ability. Your needs, strengths, and aspirations are the driving force in your recovery plan.



For more information:

10 Bernadette Street
Caribou, Maine 04736

(207) 498-3102

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www.caribourehab.com

When you have a life changing event...



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Caribou Rehab and Nursing Center

Every day, families face difficult and life-changing decisions about aging, ill, or injured loved ones. Whether recovering from an accident or a planned surgery, or dealing with long-term illness, you need to be certain that your family member will receive top quality care with the utmost concern for his or her comfort.

At Caribou Rehab and Nursing Center, comfort and care are our top priorities. We offer care ranging from rehabilitation to long term nursing care, all under one roof.



Nursing Home Care

Our reputation rests on the care we provide, whether it is nursing, rehabilitation therapy, or end-of-life care. Long-term care offers services 24 hours a day for those with multiple health care and rehabilitative needs. This is delivered through an interdisciplinary approach to your loved one's care by a team of licensed and certified medical care providers.

We strive to meet the social, recreational and spiritual needs of residents with stimulating activity programs and a comfortable, home-like environment. Alzheimers/Dementia care is provided in a separate area with their own customized activity programs.

Why Choose Caribou Rehab and Nursing Center?

- **Quality of Care:** A recent Skilled Nursing Satisfaction Summary Feedback Report indicated that 100% of families of our patients rated overall quality of care either “excellent” or “good”.
- **Staff to Patient Ratio:** Caribou Rehab’s nursing staff to resident ratio is more than 20% higher than the area average.
- **100% of patients’ families would recommend Caribou Rehab and Nursing to others:** A recent Skilled Nursing Satisfaction Summary Feedback Report indicated that 100% of families of patients would give “excellent” or “good” recommendations to others.
- **Attention to safety and security:** Caribou Rehab and Nursing is one of the few skilled rehab and nursing home centers in the state that provides some two-dozen security cameras throughout interior public areas. This assists staff in maintaining the safety and security of your loved one at all times. During non-visiting hours the facility maintains a lock-down status.
- **Proximity to emergency medical care:** If your loved one suddenly needs additional medical attention, we work in conjunction with Cary Medical Center which is located less than a 1/4 mile away.
- **Transportation to your medical appointments:** We provide transportation for you to and from your medical appointments, in our comfortable and safe wheelchair van.



Dear Friend,

Caring for your loved one is of enormous importance. At Caribou Rehab and Nursing Center, we understand. Whether you or your loved one requires a short stay for healing or recovery, or needs a longer stay, we want to help.

We know that finding appropriate medical care is one of the most important decisions in the lifetime of your family. That’s why we take your trust so seriously. We will provide the best possible care for you or your loved one, according to his or her needs. We never offer a one-size-fits-all approach to care; rather our team will make every effort to see that each patient participates in a plan of care appropriate to his or her situation. And rest assured, you’ll be an important part of every decision.

Thank you in advance for considering Caribou Rehab and Nursing Center.

Sincerely,
Phil Cyr
Administrator